

**RIFLE
RUN**



VOLUNTEER PACK
Various dates available

Thank you for your interest in volunteering at Rifle Run! This pack is designed to give you a bit of background to the event and an idea of what you could be doing.

About Rifle Run

Rifle Run is based on a military basic training exercise—it is a 10km run, if you can shoot straight. Participants start at one of the event hubs, and run over the rolling hills, fields, woodlands of the British countryside. Along the route participants will face three shooting challenges (air-rifle or shotgun). For every shot they miss they will face a 250m penalty loop.

Dates

- 5th April 2020 (EJ Churchill, Buckinghamshire)
- 20th September 2020. (Catton Hall, Cheshire)

Times

- Volunteer arrival time: 07:00.
- Volunteer departure time: 17:00 (estimate).



What will you be doing?

You will be allocated a role before the event, this could be anything from marshalling the route, monitoring the penalty laps to giving out goody bags and cheering people on. If you have a preference let us know! You'll be sent a full brief and there will be a Soldiers' Charity manager for you to report to at your closest checkpoint and roving staff.

Possible locations and roles include:

- Event Hub: registration, traffic management, parking duty, cheering and general support.
- Any of the three shooting stations (1,2,3): queue management, penalty loop monitoring, cheering, general support.
- Key points along the running route: marshalling, communication points, general support.

Please note, the shooting aspect of the event are being managed by qualified instructors from British Shooting (air-rifles) and Catton Hall or EJ Churchill (shotguns). You will not be required to be involved in this aspect, or handle any of the equipment.

How do I get to my location?

You just need to meet us at the event hub for your chosen event and we'll transport you around the route.



Why Volunteer?

- You can play a significant part in an exciting fundraising event
- An event goody bag (if provided)
- A fun day outdoors
- No previous experience is required and lots of support will be given throughout the event
- You'll play an important role in supporting fundraisers as they take on a tough challenge to raise money for soldiers, veterans and their families

What will I need to bring?

Volunteering at Rifle Run will be good fun but it will also be hard work, especially if the weather is poor, so make sure you come prepared:

- Good quality, waterproof shoes,
- Warm, waterproof clothes and lots of layers!

We also recommend a thermos or water bottle to fill up with hot drinks and water. We'll provide you with a packed lunch and a bacon butty for breakfast (vegetarian options available)

Ready to sign up?

Contact Amy Kenyon on akenyon@soldierscharity.org or 0207 811 3960 for more information

[Get in touch](#)